

DON'T BUY ISRAELI PRODUCE!

STOP SUPPORTING APARTHEID ISRAEL!



potatoes



hummus



fresh herbs



dates



citrus



meat substitutes



Dit product van Garden Gourmet is gemaakt van ingrediënten die je kent. Omdat we graag bestanden wat we eten. En je ook anders las je dit nu hier! We gaak voor goed. Wat houdt je nog tegen? Kijk voor meer informatie en ontdek ons gamma op garden-gourmet.nl
Garden Gourmet. Made for trying

Naam	Per 100 g	Per portie	% RI*
energie	4,1	991 kJ	20,3
vet	1,7	34,0 g	6,8
rijpe vetzuren	0,7	14,0 g	2,8
eiwit	4,3	87,0 g	17,4
koolhydraten	18,1	362,0 g	72,4
vezel	3,4	68,0 g	13,6
zout	4,2	84,0 g	16,8
water	10,8	216,0 g	43,2
andere	1,3	26,0 g	5,2

*De waarde voor de voedingsstoffen is gebaseerd op de volgende tabel:
 Energie: 100 kJ = 24 kcal
 Vet: 1 g = 9 kcal
 Eiwit: 1 g = 4 kcal
 Koolhydraten: 1 g = 4 kcal
 Zout: 1 g = 0,4 kcal

180g e/2 porties
 Verbruiksdatum: 05-04-2019
 HPH24
 13-29-13

These products are from illegal Jewish settlements in the occupied West Bank or from Israel (Israel itself refuses to differentiate between the two).

The barcode indicating a product is from Israel starts with: 729

De barcode voor Israëlische producten is 729 . .



Why you should not buy Israeli produce

Israel, a colonial venture

In 1948 Israel established itself as a state on 78% of the area owned or inhabited by the Palestinian Arabs. Most Palestinians were expelled from their homes and land or fled the violence Zionist-Jewish armed groups. These refugees ended up in camps in the West Bank area (including East-Jerusalem) and in the Gaza Strip, Jordan, Syria and Lebanon. They remain refugees to this day. Up to 7 million Palestinians have the right to return under United Nations General Assembly Resolution 194, but Israel continues to refuse to let these refugees return home.

120.000 Palestinians – Muslims, Christians and Druze – remained in what became Israel in 1948. Their number has now grown to 1.7 million people.

In the 1967 June war Israel captured the remaining 22% of Palestine, which came to be known as the Occupied Palestinian Territories: the West Bank (including East Jerusalem) and the Gaza Strip. From 1967 onwards Israel began to build settlements for Jewish colonists in occupied East Jerusalem and elsewhere in the West Bank. These grew into neighbourhoods or new towns. This is illegal under international law.

There are now about 700.000 Jewish colonists living in these illegal settlements. The number of Jews living in Israel and the Occupied Territories together is about 6.5 million.

Steadily deteriorating rights and opportunities

The Jewish colonists in Occupied Territory enjoy the rights of Israeli citizens. The indigenous population – the Palestinians – on the other hand lives under military law and have severely restricted rights. Armed Jewish colonists operate freely and often attack Palestinians, while enjoying the protection from the Israeli army of occupation. Jewish settlements have been and continue to be built on land owned by Palestinians, but expropriated under various pretexts. In this way Palestinians have more and more of their land taken away from them. Their houses, water sources and olive orchards are targets for destruction.

On top of this since the year 2000 Israel has built a separation wall/fence along the 1949 armistice line. In building the wall and fence the Palestinians again lost a lot of land. In order to ensure that Jewish colonists are able to travel safely and fast, a special network of roads – forbidden for Palestinians – has been built. This road network and the continuing expansion of the Jewish settlements has pushed the Palestinians in ever smaller islands in the West Bank – cut off from each other and therefore vulnerable.

Since 1967 Israel controls most of the water sources of the West Bank. It has established date plantations and large factories and it controls most of the energy sources. Because of this the Palestinians have become very dependent on Israel. Their production capacity is small and they can import even less. Unemployment and poverty is growing. Life is hard and there is little hope for the future. The Israeli army of occupation often attacks the refugee camps and villages of the West Bank to arrest activists, using a lot of violence.

Of the 3 million Palestinians in the West Bank about 6000 languish in prison in Israel, 200 children among them. Many have never had a trial in an Israeli court and do not know how long they will remain in prison. This is called administrative detention.

Since 2007 Israel has cut off the 2 million inhabitants of the Gaza Strip from the outside world. Palestinians are unable to leave or enter the Strip without the permission of the Israeli authorities. Since 2008 Israel has carried out 3 large military assaults on Gaza. Thousands of Palestinians have been killed and many more injured. Gaza's economy is suffering even worse than that of the West Bank because of Israel's siege and military assaults. More and more people have become dependent on food aid.

In Israel proper Palestinian Israelis are third rate citizens. They suffer from discrimination and racism in work, education and where they want to live. This is why we speak of apartheid in Israel.

Join the fight for equal rights !

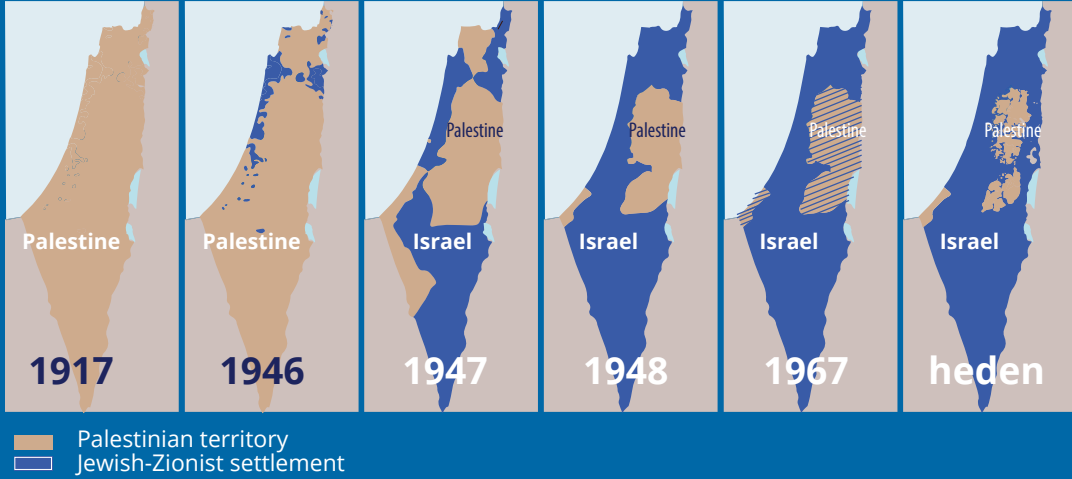
Equal rights for everyone in Israel/Palestine and allowing the Palestinian refugees to return home is long overdue. So far governments refuse to act against Israel, the Dutch government among them. Since 2005 Palestinian civil society is asking us not to buy any produce from Israel, not to cooperate or have joint ventures with Israeli industry and banks and not to invite artists who represent Israel. This is called the BDS-campaign (Boycott, Divestment & Sanctions).

Just like happened in the case of South Africa, we want to force Israel in a non-violent way to engage in a just policy vis a vis the Palestinians. In South Africa the black population because of the boycott observed by the citizens of the world now have the same rights as white people. The BDS campaign is aiming to obtain the same result for Palestinians and Jewish Israelis.

The BDS campaign is successful. Please join us !

PALESTINE WIPED FROM THE MAP 1917 – PRESENT DON'T BUY ISRAELI APARTHEID !

Expropriation of Palestinian territory 1917-present



Before 1948 this area was called Palestine. In 1948 75% of all Palestinian inhabitants were expelled by Zionist-Jewish armed groups or fled war and violence. Immediately upon its establishment in 1948 the State of Israel began expropriating and colonising land owned by Palestinians. The same happened from 1967 onwards in the West Bank area. In this way the building of the State of Israel went hand in hand with the destruction of Palestinian society. This continues to happen to this very day.

SUPPORT BDS!

People all over the world are in solidarity with the Palestinians and defending their rights. Therefore support BDS and don't buy Israeli produce.

www.palestina-komitee.nl

www.bdsmovement.net

SUPPORT OUR WORK

IBAN: NL91 INGB 0001 806947

Nederlands Palestina Komitee

FREEDOM FOR PALESTINE !