

Amjaad yearly report

Major activities for the year 2016

1- Amjaad has implemented 4 workshops during this year each three months one workshop that lasted for 3 days. The content of these workshops was to address the issue of fighting poverty and help the participants to find ways in their living and practices to make their economical conditions a little better. The workshops targeted 40 women from Bethlehem District. It was conducted and facilitated by Amjaad training team.

2- A series of psychosocial sessions took place during the year and they occurred once every three months for a duration of 3 hours each session. The sessions which targeting women chronic diseases and the focus was on women who suffer from high blood pressure and diabetes. All through the year this project targeted 84 women from Bethlehem district including the refugee camp and it was conducted by the community health programme of UNRWA and its psychosocial counselors.

3- Amjaad organized a recreational trip to Battir village. This trip was financed by one business man from the city of Beit Jala, The trip included 10 elderly women and the aim was to do some relaxation activities and to have them in an open space with fresh air and beautiful surrounding. Amjaad provided a meal and covered the cost of transportation

4- Amjaad with the support of the Finish Arab friendship Society (FAFS) distributed 40 school bags for children at Bethlehem district. The school bags were of good quality and that they protect the children backs from holding the heavy school bags. Among these 40 children 20 are diabetic and we worked together with the staff who used to work at the Diabetics Friend Society and they know very well the diabetic school children . It is worth mentioning the the Diabetic friends society is closed for almost a year and Amjaad is taking the role of this society in providing some services to the diabetics and their families.

5- An open day for diabetic children was conducted by Amjaad voluntary team. This open day was a coordinated effort among three organizations Amjaad , Ibda for children and UNRWA. The open day took place at Ibda organization in Dehasheh camp and it was facilitated by Amjaad volunteers and by the two organizations staff. A total of 45 children attended this day among these at 15 diabetic children.

6- A continuous supportive group for women with cancer has started in 2016 and still on process up to this date. Amjaad psychosocial counselor Jameeleh Al Shami is facilitating this group of 10 women with cancer and they meet every Saturday at Amjaad for 3 hours each session. The group started meeting as of June 2016 and is still on. The aim of this is to support these women and provide some stress related exercises and activities.

7- Amjaad has successfully managed to create a network with other similar organization in the district and as a result of this network the Governorate of Bethlehem offered

Amjaad 20 food parcels for poor families. Amjaad teams distributed the 20 parcels to 20 families. A total of 170 person's benefitted from these food parcels.

8- In its effort to develop the skills and capabilities of university students Amjaad professional team conducted on job training an supervision with university students, We had 6 university students from Al Quds university and 3 from Palestine college, All the 9 students are majoring in social work and they do their voluntary requirement at our organization., The aim of this training and supervision is to provide them with the practical tools and knowledge to develop their capacities' as social workers in future.